

## Fall Cool Season Vegetables

As with spring cool season and summer vegetables, timing is very important. We can take advantage of warm soil temperatures in August knowing that cooler days and cooler nights will begin in September and will continue through October. In this way we have good plant development, increased flavor, and sweetness in our fall vegetables.

Below is a guide of which fall vegetables will perform well, and the appropriate timing for planting and days to maturity - both seeds and started plants.

### Starting From Seeds - Vegetables for Fall

Warm soils of Mid-August to Mid-September equal quick germination and allow time for plants to mature during the Fall season.

<b><i>Vegetable</i></b>	<b><i>Planting Dates</i></b>	<b><i>Days to Maturity</i></b>	<b><i>Hardiness</i></b>
Beets	June 25 – July 5	50 Days	Half Hardy
Broccoli	June 25 – July 5	70 Days	Half Hardy
Carrots	June 25 – July 5	60 - 80 Days	Half Hardy
Collards	June 25 – July 5	50 - 70 Days	Half Hardy
Endive	June 25 – July 5	80 Days	Half Hardy
Kale	June 25 – July 5	60 - 75 Days	Hardy
Lettuces (leaf)	August 11 - August 20	40 - 50 Days	Half Hardy
Mustard	August 11 – August 20	40 - 60 Days	Half Hardy
Peas	June 25 – July 5	60 - 70 Days	Half Hardy
Radish	July 25 – July 26	20 - 40 Days	Half Hardy
Spinach	August 11 - August 20	40 - 50 Days	Hardy
Swiss Chard	August 11 - August 20	50 - 60 Days	Half Hardy



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### **Started Plants - Vegetables for Fall**

We often experience greater success when planting certain started vegetables. Fall vegetables from started plants means fewer days to maturity as opposed to seeds, which are easier to achieve overall success.

<b><i>Vegetables</i></b>	<b><i>Planting Dates</i></b>	<b><i>Days to Maturity</i></b>	<b><i>Hardiness</i></b>
Broccoli	August 10 - September 10	45 Days	Half Hardy
Brussel Sprts.	August 1 - September 1	60 - 80 Days	Hardy
Cabbage	August 1 - September 1	45 - 65 Days	Half Hardy
Cauliflower	August 1 - September 1	35 - 45 Days	Half Hardy
Collards	August 1 - September 1	35 - 45 Days	Half Hardy
Kale	August 1 - September 15	45 - 65 Days	Hardy
Lettuce (Buttercrunch)	August 1 - September 10	45 - 65 Days	Hardy
Lettuce (Romaine)	August 1 - September 10	35 - 45 Days	Hardy
Spinach	August 30 - September 21	30 - 40 Days	Hardy
Swiss Chard	August 15 - September 15	45 - 50 Days	Half Hardy